



ANUVIA

Provides substance abuse education, prevention, treatment & recovery, as well as programs that meet court requirements for DWIs and drug offenses. At Anuvia, assessments are provided at a reasonable cost.

Address: 100 Billingsley Road Charlotte, NC 28211

Phone: 704-376-7557

Website: www.anuvia.org

Note: The Anuvia website has a list of community support groups for men and women who are learning to live or recover from addiction.

CHARLOTTE RESCUE MISSION - REBOUND (Men's Program) / THE DOVE'S NEST (Women's Program)

Charlotte Rescue Mission (CRM) provides residential programs for homeless, jobless men and women with alcohol and drug addiction issues. **This is a program for people coming out of a detox program.** Clients typically have few options available to them because they have no health coverage to help them enter a recovery program. The professional recovery programs and additional services Charlotte Rescue Mission offers to support these individuals are provided to them at no cost.

Men – Charlotte Rescue Mission: Rebound Program

Address: 907 W 1st St. Charlotte, NC 28202

Phone: 704-334-4635

Website: www.charlotterescuemission.org

Note: Admission to the Rebound Program begins with a phone call. 704-333-4673 ext. 501. A person seeking assistance must call for himself and if you leave a message, it needs to include a return phone number where you can be reached. When you call or your call is returned, you will participate in a screening interview. During the interview you will be asked the following:

- Previous admissions to Rebound if you have been at CRM before.
- The last time you used
- Reason you are seeking treatment at this time
- Your current legal status
- Your current medical condition
- Your current psychiatric condition
- Your ability to participate in therapeutic work
- Any anticipated needs beyond what the program offers.

Based on the information you provide, an admission appointment will be scheduled. Please understand that the admission date is provisional – meaning that having an appointment is not a guarantee of acceptance into the program. Additional screenings take place once you get to the Charlotte Rescue Mission.

In order to be admitted on the day of your appointment, you must:

- Be able to pass a breathalyzer and urine drug screen (there are no exceptions to this)
- Bring a social security card or a valid state ID or driver's license
- Pass a medical screening conducted by a nurse at the facility

Once you are admitted to the program, you will complete paperwork, participate in orientation, participate in group discussions, and attend in-house functions like chapel and 12 Step meetings until a bed becomes available.

What to Bring:

- Clothes for 7 days
- Laundry Detergent
- Hygiene Items
- A belt
- Shower Shoes
- Reading material
- Photo ID
- Social Security Card or voucher from Social Security

Women – The Dove’s Nest

Address: 2855 West Blvd. Charlotte, NC 28208

Phone: 704-333-4673 ext. 113

Website: www.charlotterescuemission.org/our-programs/doves-nest

Notes: Prospective residents must call the Admission’s Coordinator (704-333-4673 ext. 113) personally and follow the directions given. The Dove’s Nest is a four to twelve month program that follows a diagnostic period that lasts approximately two-weeks.

Eligibility Requirements:

- Be 18 years or older
- Be motivated for making major life changes and willing to follow directions
- Have an original valid photo identification and social security card upon admission
- No legal or other outside issues that will create disruption of the residents program
- Submit to a full drug screen which includes alcohol upon admission
- Be medically and psychiatrically stable
- Able to sit for an hour at a time
- Able to climb stairs
- Not on any medications that contain benzodiazepines, barbiturates, alcohol, narcotics or anti- psychotic medications.
- If pregnant, not over 12 weeks of gestation WITH a current obstetrician approval for the program and a viable aftercare or supportive residence in place post-discharge
- Be able to read on a 7th grade level
- Speak, hear, read and write English
- Since the Dove’s Nest is not a hospital, they cannot admit women that have chronic medical conditions requiring frequent medical appointments, eating disorders and certain types of personality and psychiatric disorders.
- Have at least a 30-day supply of medications

Following a two-week **diagnostic period** a resident may be admitted into the Diagnostic Phase where they experience:

- Assessments and Care plan completion
- Those without insurance obtain a medical sliding scale card
- Screening at the local health department
- Mental Health evaluation
- Learn the basic program schedule environment

Phase One – 120-day structured program, residents will experience weekly individual counseling, group therapy, education classes and various activities, living skills training, biblical application for emotional wounds and sober support group development.

Phase Two – the Dove's Nest Continuing Care Division (CCD) is approximately 240-days in length and is designed for women that:

- Do not have supportive and safe environment to return to
- Have chronic relapse traits
- Have previously completed this program and are eligible for readmission

HOPE HAVEN

Hope Haven is a recovery program that provides life skills for homeless, chemically dependent adults and families within a supportive residential environment, leading to independence. Hope Haven is an aftercare program designed for someone who has been through a primary care program.

Address: 3815 N. Tryon Street Charlotte, NC 28206

Phone: 704-372-8809

Website: www.hopehaveninc.org

Admissions Process

Applicant must be referred (contact your Campus Pastor or Associate Campus Pastor). After the referral is received the applicant must obtain the following:

- Picture ID
- Social Security Card
- Criminal Background Check
- Proof of Physical Exam (within the last 60 days)
- Prescriber Letter for Medications (on Hope Haven's form)
- Proof of recent TB Test Results
- Verification of Homelessness Letter
- Once all paperwork has been turned in the applicant will be contacted for an initial interview. If the applicant is approved, then the applicant will be notified when a bed becomes available.

Eligibility Requirements

- Applicants must be 18 years of age or older.
- Applicants must be homeless in accordance to HUD (Department of Housing and Urban Development) guidelines.
- Applicant must have completed a 28 day inpatient substance abuse treatment program within the last year; or have completed an intensive Outpatient treatment within the last year.

- Applicants must be a resident of Mecklenburg County or resident of a county covered by a contracting LME or meets requirements of other contracts with Hope Haven and has been approved through the LME assessment/authorization process and Hope Haven Admissions Department.
- Applicant must be clean and sober for 72 hours prior to admission.
- Applicant must be stable on medications that are accepted by Hope Haven. Proof in writing from the prescribing doctor that the applicant is capable of self-administrating the prescribed medications along with a list of the medications must be provided on Hope Haven's "Prescriber Letter for Medication" form.
- Applicant must be able to participant physically and mentally in all parts of the program at Hope Haven.

Additional Family Program Requirements

- Applicants children and/or spouse must be living with them within 6 weeks of admission.
- Applicant's children in the program cannot be over the age of 14 years old

Program Requirements

- Participate in all aspects of the Hope Haven training program.
- Attend scheduled individual and group counseling sessions.
- Attend all specialized life skills educational sessions.
- Be physically able to obtain and maintain employment.
- Submit to random drug tests as required by Hope Haven.
- Adhere to all Hope Haven in-house rules and regulations.
- Must be able to work safely in the environment of the training program.
- Must be able to understand and carry-out directions from trainers.
- Must not pose a barrier to safety of other participants.

URBAN MINISTRY CENTER - SABRE

The Urban Ministry Center works to meet the basic needs of those in our community through shelter, food, employment assistance, and therapeutic services.

Address: 945 North College Street Charlotte, NC 28206

Phone: 704-347-0278

Website: www.urbanministrycenter.org

E-Mail: Marilyn Furman at mfurman@urbanministrycenter.org for more information

Note: The SABER program admits one new person one or two weeks. The SABER program is a 9-month program.